

Island Adventure Party Planner

I hope you enjoy this party as much as I enjoyed putting it together. This party is for ages 6-12 and you should have enough food and games for 8-12 kids.

Party Setup:

To set up the party you will need to start by deciding what you would like to serve at the party. I have added some menu ideas with recipes for you. Also at this time you will want to decide if you would like to order a cake from a bakery or make a cake and add your own decorations. I would start planning the menu at least a week ahead of time. The menu ideas I have included are quick and easy to do. You will see below that I do not like to spend a lot of time in the kitchen on party day. Most of the fruit and vegetables can be cut up ahead of time and stored in the refrigerator until you want to assemble them or you can use the help of the store and buy the precut vegetables and baby carrots and store bought dip. The fruit dip can be made the night before and stored in the refrigerator until party time. Kids love finger food so don't worry about spending all morning in the kitchen you have better things to do with your time on party day. I have added a recipe for cupcakes that are delicious but you can also make it into a cake if you choose. If you have a super Wal-Mart in your area you can get great cake topper sets for \$5. Just go to the bakery and ask if they offer them. Otherwise head to the toy department and see what you can find for tropical cake topper ideas. Let your imagination run wild! Of course the cupcakes or cake can be made the night before also and frosted the morning of the party.

BBQ Pork Sandwiches

6-10 lbs boneless pork loin
Favorite barbecue sauce
12-16 rolls

Place pork loin in crockpot. Cover with a generous amount of BBQ sauce. Cook in crockpot on low for 8-10 hours. Just before serving, shred with two forks, place on your rolls and ENJOY!

Makes 12 Servings

Assortment of Chips

Tropical Fruit Party Skewers

- 1 fresh pineapple, cut into 1-inch pieces
- 1 papaya, cut into 1-inch pieces
- 2 mangoes, cut into 1-inch pieces
- 1 quart strawberries, hulled and halved
- 3 bananas, cut into 1-inch chunks

Thread alternating pieces of each fruit onto about 24 small wooden skewers.

Refrigerate, covered, until ready to serve. Enjoy with tropical dip.

Makes 12 servings.

Tropical Dip

Serve with fresh fruit from the fruit skewers and honey graham sticks.

- 1 (8 ounce) packages cream cheese, softened
- 1/4 cup honey
- 3/4 teaspoons ground ginger
- 1/2 (20 ounce) can crushed pineapple, well drained

Mix cream cheese, honey and ginger in medium bowl until well blended. Stir in pineapple; cover.

Refrigerate several hours. Serve with fresh fruit and honey graham sticks.

Makes 12 servings

Vegetables and dip

Blue-and-Pink Ocean Sunset “Cocktails”

Use clear glasses to show off the crazy colors of this summer drink! The Blue-and-pink Ocean Sunset "Cocktails" are bright blue on top with a pink glow at the bottom. The red cherry looks like a setting sun. Use your judgment to purchase enough for the number of guests you're expecting.

Ingredients

Blue raspberry drink, chilled

Grenadine or raspberry syrup

Maraschino cherries

Ice cubes

Pour blue raspberry drink into glasses first, then pour a teaspoon of grenadine or raspberry syrup into each glass.

The syrup will fall to the bottom, creating a dark pink layer (Tip: Do not add the syrup to glasses before pouring in the fruit drink or the colors will mix and you won't get a layered effect).

Drop a cherry into each glass and an ice cube.

Serve immediately.

Tropical Orange Cupcakes

Cupcakes:

1 box devil's food cake mix

1 1/2 cups cola

3 eggs

1/2 cup canola oil

Frosting:

2 cans ready-to-spread white frosting
20 drops yellow food coloring
10 drops red food coloring
1 1/2 teaspoons orange extract
1 cup powdered sugar, sifted

Preheat oven to 350 degrees F.

Place cupcake papers in muffin pans. Set aside.

In a large mixing bowl, combine cake mix, cola, eggs, and oil. Beat on medium speed for 2 minutes, scraping sides of bowl often. Fill cupcake papers 2/3 full with cake batter. Bake for 25 to 30 minutes. Cool in pan for 10 minutes before removing from pan. Cool completely on cooling racks before frosting.

In a medium mixing bowl, combine frosting, food colorings, orange extract and sifted powder sugar.

Frost cupcakes with a knife.

Makes 24 cupcakes

Next is to decorate the area where the party is taking place. You can go elaborate or you can go simple to create your Island Oasis.

The tablescape decorations are every thing you need to make the food table look like a true island feast. I have added pictures on the webpage to give you ideas on how to decorate the table. Remember it is your party and these are just ideas so let your creativity flow.

Here is a list of items that you will need to purchase or gather up prior to the party. Some of these supplies you may even have around the house.

- Sandy Candy (Beach) link is in the webpage
- 4 metal or plastic pails (fetch the water)

- 2 small 5 oz plastic or paper cups (fetch the water)
- 2 children's kiddie pools or large plastic tubs (Quicksand)
- 2 Large bags of Sand (Quicksand)
- 24 pieces of copy paper (bridge)
- 2 Large Metal bucket or Large plastic buckets large enough for a child to stand in (Waterfall)
- 1 of each color (blue, red, green, purple, yellow) bags of stone or rocks from a craft store (All together you will need 12 of each color and 5 different colors for the (Waterfall)
- 2 rolls of toilet paper (Mummy Cave)
- Gold Coins from a toy store
- 12 lies (6 of one color and 6 of another)

Other than the supplies and food you will need to pick up prior to the party everything else has been planned for you.

In this party plan you receive step by step instructions on how to run the party and when the activity and games will be done. All of the planning is done for you. The only thing you will need to do is set up the games and hand out the clues. Have a Wonderful Party!

Party Clues and Instructions

Here you will find the meat of the party. The Island Adventure will take 2-2 ½ hours to complete, so your party all together with presents, cake and snacks could take 3-3 ½ hours long. On the tropical theme party website page you will find the start of the adventure and clues to keep the party going. The first Page of the party will need to either be read to the group of kids once everyone has arrived or it could be tacked on a tree where the party is taking place. Once that has been read the group will be off to adventure after adventure until they reach the other side of the island.

Set up:

You will need to start out by setting up six different areas around the yard or house to act as different parts of the Island. On the webpage you will need to print off the different locations that the kids are going to need to travel to prior to getting across the island. Wherever you set up the locations you will need to put the printed sheets up of each destination example (Mummy Cave, Waterfall, etc.....).

The first area will act as the beach where you will set up the sand candy activity for the kids. There is enough for each kid to make one tube to take home with them.

The second area will act as “the well” where they will get water for their long trip ahead. Here is where you will be setting up the four metal or plastic buckets. You will want to put two on one end and two on the other end and give yourself enough room to have at least six kids (if you are having 12 at your party) length wide between the buckets and at enough room width wide to move in between the two teams if need be. If you are doing this in the house due to the weather you are going to want to put down a large tarp or use enough cut up paper to put in both pails to fill it to the top to use for the water instead because it is going to get wet and crazy when the game begins!

“Fetch the Water”

Provide each team with a small cup and two buckets (one full of water and the other one is empty). Set it up just as you would above but instead of the kids standing next to each other and passing the full cup of water they will run from the full bucket to the empty bucket filling it with water. Team members scoop up a cup of water from one bucket, run a few yards to the empty bucket, dump in the water, run back to the line of team members, pass the cup, then return to the back of the line. The next team member does the same, then the

next and next until the empty bucket has been filled with all of the water from the full bucket. Once that has been done the team will get their next clue and will be able to move on to their next task. However same as above they will need to take the bucket of water with them from one task to the next. If they forget their bucket of water the team members will not be able to move on until someone goes back to get it.

The third area will be the waterfall. Here is where you will fill the large metal buckets or plastic buckets with water, ice and the marbles (“magic stone”).

Just like above if weather does not permit you to go outside and you do not want to put a tarp down you could also do the same by using shredded paper or packing “popcorn” for the water and blind fold them so it is harder to figure out what they are picking up.

“The Waterfall”

The object of this game is for each member of the team to step into the bucket with the water, ice and marbles and fish out with their feet only 5 marbles. Each color marble represents something different and each team member needs to have each color before their task can be complete. One team member can pick up 3 of one color and two of another but in the end when all is said and done within your team you need to have one of each color for each team member. So that means if after everyone in your team have successfully fished out five stone from the icy water and you have 7 of one color and 3 of another then someone in the team needs to go back in to find the missing colors. When each one of the team members has completed this by fishing out 5 marbles and each member has five different colors then they will receive the next clue to go onto their next task. Obviously depending on the age of the team members you can make this easier or harder by putting in all of the extra marbles or just some of the extra marbles if you have any leftover.

“The Mummy Cave”

The Fourth area will be the mummy cave. There are two parts to this adventure. The first one is to pick two people from your team. They will be doing the mummy wrap game. One team member does the wrapping with the “special” mummy wrapping material (toilet paper), and the other team member gets wrapped. Once the child is fully wrapped in toilet paper from head to toe they will get the next clue. The next clue will be played in the same area, however you will need to hide the other part of the clue prior to the party, somewhere near where you put the “Mummy Cave” sign up. You may hide this wherever you want. You may make it as hard or as easy as you would like depending on the age of the kids. Once the team finds the other half of the puzzle they will be able to solve it and once they solve it they will know where to go next. This is where the hieroglyphics activity comes in.

Answer: Quicksand

The fifth area will be where you will need to set up the “quicksand”. For this you will use the two kiddie pools or large plastic tubs and two bags of sand that you bought. You will fill the pools or tubs with the sand and in there you will put the “valuable” tokens (gold coins). Divide them up between the two pools. If you are playing in the house make sure you put down tarps and make sure you add water to the sand to make it extra messy and harder to find the tokens. You may also add other things besides the tokens if you want to make it harder to find.

“Escape the Quicksand”

The object of the game is for each of the team members to find a “Valuable Token” to take off the Island with them. This can be played with all hands in the quicksand at the same time or one team member at a time. If the whole team fits around one pool I would have them do it at the same time because it makes it harder with so many hands in there

at one time to find the small tokens. Once each team member finds their tokens the final clue is handed to them.

The sixth and final area will be “The Bridge”. Here is where you will use the 24 pieces of copy or computer paper.

”The Bridge”

The teams will need to get each team member across the bridge without falling. Each player is given 2 sheets of paper. The player must cross “the bridge” stepping only on the sheets of paper. At first the player steps on one of the sheets with their feet. Another sheet is placed in front. Then they must step on this sheet and put the previous one in front of them by bending backwards and grabbing it and placing it in front without falling off the sheet they are standing on. They continue that processes until they have reached the other end of the bridge.

Once that team member makes it across the “finish line” which you have decided on prior to the party starting. This can be a couple feet away from where “the bridge” started. The next team member must go and so on until all of the team members have made it to the other side of “the bridge”. If anyone falls off the paper they must take both their papers and go to the back of the line and try again until they make it all the way across without falling.

Once all of the team members are across the bridge they will get handed the congratulations note that they have successfully made it across to the other side of the Island and it will let them know the “Island Feast” is ready for them to go eat. This is where you will have your food and cake set up. As soon as both teams have finished you can have everyone sit down and eat. Next the birthday child can open presents and that will complete the party.

Let the Party Begin!

Prior to the party you will need to put the appropriate number of leis needed in a non-see through bag for each party guest to pick out their lei on arrival. You are going to want have an even amount of kids on each team. So if you only having 8 kids then you will only need 8 leis in the bag. This will determine which team they are on by what color lei they choose. If you have an uneven amount due to not enough kids being able to come to the party then the team that has the less amount of players will need to have one team member do each task twice. The below clues will need two copies of each clue printed off because once the teams finish each task you or a party helper will hand them the next clue.

(Read this to the teams to get the adventure started)

Aloha! You have been chosen to come along and explore the Island of (insert birthday child's name). Each of you possesses many of the qualities needed to survive the dangers of the Island. You will discover the secrets and uncover the mysteries the Island holds. Each of you received a lei on your arrival. There are two different colors. Seek out your team members with the same color leis and those are your teammates to help you safely across the Island. With each team possessing the same qualities it should be a race to the finish to see which team can make it across the Island first.

1st Clue

Legend has it that the Islanders that were here many, many years ago believed that the sand on the beach has magic healing powers. Race to the beach and grab a tube. Fill it with as much sand as it will hold because you never know what illnesses you may encounter on your way across the island. Remember you are going to need to be quick in order to get across the Island before it gets dark and beware of anyone or anything lurking in the distance.

2nd Clue

Up ahead there should be a well. With the other side of the Island being miles away you may want to stop for water before you go any further. You will need to work as a team to get the water out of the well and get into the empty pail that is sitting close by. The fastest way to do this is to grab the cup run to the pail with the water, scoop up the water and run it to the empty bucket. Then hand the cup to the next team member in line. Continue the process until the empty pail is full and the well is dry. Then you may keep working your way across the Island. Make sure you take the water with you in case you get thirsty!

3rd Clue

Up ahead in the distance you will come across the “Icy” Waterfall. You will need to go through this if you want to get to the other side of the Island. Legend has been said that the stones in the water are “special” stones. There are 5 different colored stones and each stone will be needed to continue on across the island. There are still many dangers ahead and each team member will need more special qualities to continue the race across the Island. Each Team member will need to go into the water and with their feet only, pick up each color stone. By the time your team is done you should have 5 different colors per team member. If that is not the case, one team member will need to go back in to get the missing colors. Good Luck and be careful the water is freezing!

Blue Stone - Courage - Commitment is doing whatever it takes whenever it is needed.

Red Stone – Commitment-The ability to reach deep inside yourself and find the will to succeed despite your fears.

Green Stone – Teamwork - Those who sacrifice individual needs for the good of the team will not only become better teammates, they will also increase their odds of winning.

Purple Stone – Luck- Even if you are strong and smart, sometimes you need that little extra boost that comes to you out of the blue.

Yellow Stone – Friendship- It may take strength and knowledge to win the race, but on this Island, you'll need friendship if you want to make it to the other side safely. Strong friendships with your teammates can help guarantee success, and the bonds that are formed will last a lifetime.

4th Clue

The Mummy caves have been known to keep many secrets. Thousands of years ago a secret message was written on the walls inside the cave. In order to pass through the door of the caves and learn the secret one of your team members needs to be wrapped like a mummy and act as the leader before the doors of the cave will open. One team member needs to volunteer to be wrapped in special mummy wrap while another team member needs to be the wrapper. Make sure that the team member that is being wrapped is fully wrapped from head to toe. Once the team member is wrapped from head to toe the doors of the mummy cave will open. The cave is very big so you and your team mates may need to spread out to find the secret message. Once you find the secret message you will be able to solve the puzzle. Be quick you don't want anyone who may be watching to see you go into the mummy cave!

(5th clue is the hieroglyphics)

6th Clue

Right in the middle of the Island is quicksand. You will need to act fast if you don't want to sink to the bottom of the Island. Make sure that each of your team members gets a valuable token before moving on and don't forget your pail of water. Beware of being watched these tokens are very important to the Islanders that came before. If someone or something knew you were digging for them it could be very dangerous.

7th Clue

You are almost there! Only a bridge to cross and you will be on the other end of the Island. This is a very dangerous and unsteady bridge. Many who have crossed before you have not been very lucky hopefully your luck stone will help you get across the bridge safely. Work as a team to get your team members to the other side of the bridge. If you fall off the bridge you will need to go to the back of the line and let your teammates go before you. You must go one at a time since the bridge is so unstable and remember no one knows what lurk in those waters below. Good Luck and Hope to see you on the other side!

Congratulations you have successfully survived Island (child's name). You have succeeded because each of you possesses strength, knowledge, teamwork, friendship, courage, commitment and luck. You are cordially invited to celebrate your success at the Island Ceremony where you will have food, drinks and fun! Enjoy!